

# Comets Newsletter

March 2007

Happy Spring !

## President's Message

Luckily for you all, this is a brief president's message. Congratulations to the fantastic job by everyone during the Swim-A-Thon. It is unbelievable the distance you all swam. Each and everyone of you deserves "SUPERB ATHLETE" status.

I would like to take this opportunity to thank and recognize Spray Lakes Saw Mills for their generous donation of \$500.00 to the club. As you will note on the web page, we have a link to their web site. If there is anyone or any business that would like to be on our web page, please do not hesitate to have them contact a member of the executive team. We are always looking for sponsors.

I am sure that the Black and Gold squads have enjoyed the time off and anticipate the blue squad is looking forward to their final swim.....only to be returning in the fall!!

Congratulations to Brianne Nelson. We hope that Brianne will be able to share her experiences in Montreal. Have you all been tuning into the FINA swimming in Melbourne Australia?

I understand from the merchandising people that the new clothing is almost completed. Ron will be talking with Jason from Team Aquatics this week. Unfortunately, things never go as planned and the delivery of the merchandise was delayed due to back orders down East.

Please remember to check the web site, [www.cochranecomets.ca](http://www.cochranecomets.ca) for information. Kim Arndt, the web designer is frequently updating the page. If there is anything you feel you would like posted on the web site, please contact Matthew Wilkins as he is the gatekeeper of the information.

I wish everyone a happy spring break whether you are away or spending your time with family and friends. Long course begins soon as do the long-course work outs. Remember, Suzanne will be very rested when she returns!

## Happy Spring

Donna Matthezing  
Cochrane Comets President

# Safeway/I.G.A Coupons

Safeway and I.G.A coupons are STILL available and can be purchased by calling Nancy @ 932-0843. This is a great way to earn COMET CASH which can offset your meet fees, merchandise purchases and or registration fees throughout the season. They also make great gifts!

Remember that I.G.A coupons can be used at Sobegs, too. Safeway coupons are also valid at all Safeway stores and are great at the gas bar, too.

**Swim-a-thon Results  
Comets 2007**

**Charles - 318  
Jesse - 306  
Jon - 300  
Claire - 276  
Kim - 272  
Brienne D. - 246  
Mackenzie - 242  
Connor - 238  
Jacquie - 232  
Kelsey M. - 232  
Samantha N. - 222  
Keanan - 214  
Sydney - 212  
Amanda - 196  
Stefan - 190  
Lauren - 178  
Kelsey C. - 168  
Savanna N. - 160  
Kayla - 158  
Christian - 142  
Ali - 134  
Savanna - Mae -  
Kaitlin - 132  
Sharise - 130  
Sara - 110  
Brittany - 106  
Avery - 84**

**Total Lengths - 5332  
Total Distance - 133,300 m  
133.3 km**